

Learning Objectives

for Participating Health Care Professionals

Attachment and IPNB in Couples Therapy

Teacher: Daniel J. Siegel, M.D.

At the end of the program, you will be better able to:

1. Describe how the mind can be viewed as both an embodied and relational process
2. Define the self-organizing aspect of mind
3. Identify two states outside the river of integration's flow of harmony
4. Define the mental and relational state of presence
5. Identify the difference between Implicit and Explicit Memory
6. Define "narrative coherence" as a way of making sense in the AAI
7. List the three S's of attachment that lead to security
8. Describe what differentiation in a couple is and how it is distinct from linkage

Continuing Education content level: All levels

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